



Brockton Home Health Care Agency

Comprehensive Home Safety Checklist

Bedroom:

1. Do throw rugs create a tripping hazard? ☐Yes ☐ No
 - a. Is the carpet torn? ☐Yes ☐ No
2. Is the room cluttered with clothing, magazines, newspaper or other items? ☐Yes ☐ No
 - a. Is there too much furniture for the space? ☐Yes ☐ No
3. Does the patient lack access to a telephone or cell phone, especially at night? ☐Yes ☐ No
4. Is there enough light? ☐Yes ☐ No
5. Is the bed too high or low? ☐Yes ☐ No
6. Do tangled electrical cords obstruct pathways? ☐Yes ☐ No
7. Does the furniture provide proper support, if needed? ☐Yes ☐ No

Bathroom/Shower:

8. Are grab bars available near the tub, shower and toilet? ☐Yes ☐ No
9. Is the floor slippery? Is there a lack of bath mats? ☐Yes ☐ No
10. Is the bathtub too high? ☐Yes ☐ No
11. Is the toilet the correct height? ☐Yes ☐ No
12. Is there the potential for bath water to be too hot? ☐Yes ☐ No
13. Are medications stored properly: not too high or too low for the patient to reach? ☐Yes ☐ No
14. Are mobility and joint problems making it difficult for the patient to reach into overhead cabinets, comb his hair or lift her leg to get into a bathtub? ☐Yes ☐ No

Living Room:

15. Is there too much clutter and not enough space to move around furniture? ☐Yes ☐ No
16. Is furniture unstable? ☐Yes ☐ No
17. Can the patient reach the light switch to turn it off or on? ☐Yes ☐ No
18. Is there adequate lighting? ☐Yes ☐ No
19. Do throw rugs and electrical cords pose a tripping hazard? ☐Yes ☐ No
20. Is the floor uneven or is carpet torn? ☐Yes ☐ No
21. Is the room temperature too hot or cold? ☐Yes ☐ No
22. Does glare from the windows make it difficult for a patient to see? ☐Yes ☐ No
23. Do the conditions of aging make it difficult for a patient to get out of a chair? ☐Yes ☐ No

Hallway:

24. Is there a working smoke alarm and carbon monoxide detector in place? ☐Yes ☐ No
25. Is there adequate light at night? ☐Yes ☐ No
26. Does the patient have trouble finding the bathroom at night? ☐Yes ☐ No



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Kitchen:

- 27. Are cabinets too high or low? ☐ Yes ☐ No
- 28. Is there clutter on countertops or throughout the kitchen? Are pathways obstructed? ☐ Yes ☐ No
- 29. Is there adequate light for cooking? ☐ Yes ☐ No
- 30. Are dangerous chemicals and cleaning materials secure? ☐ Yes ☐ No
- 31. Is the floor slippery? ☐ Yes ☐ No
- 32. Is there spoiled food in the refrigerator? ☐ Yes ☐ No
- 33. Is emergency contact information within easy access? ☐ Yes ☐ No
- 34. Is the patient at risk of harming herself with a sharp utensil or by causing a fire? ☐ Yes ☐ No

Laundry Room/Basement:

- 35. Is there adequate light on basement stairways? ☐ Yes ☐ No
- 36. Are there sturdy handrails for the stairway? ☐ Yes ☐ No
- 37. Are the steps too steep or slippery? ☐ Yes ☐ No
- 38. Does the last step blend in with the floor? ☐ Yes ☐ No
- 39. Are the pathways cluttered? ☐ Yes ☐ No
- 40. Is laundry detergent in bottles or boxes too heavy to lift? ☐ Yes ☐ No
- 41. Has detergent spilled on the laundry room floor? ☐ Yes ☐ No
- 42. Does the patient have to carry baskets of laundry up and down stairs? ☐ Yes ☐ No

Front Yard/Foyer:

- 43. Do steps have proper handrails? ☐ Yes ☐ No
- 44. Are steps too steep, cracked or uneven? ☐ Yes ☐ No
- 45. Are driveways or walkways snow- and icecovered? ☐ Yes ☐ No
- 46. Is there adequate lighting at night? ☐ Yes ☐ No
- 47. Is your patient loved one at risk of wandering? ☐ Yes ☐ No
- 48. Can your patient hear the doorbell? ☐ Yes ☐ No

This home safety check is being provided solely for the purpose of raising the recipient's awareness of any potential home safety issues. It is not intended to address every potential home safety issue present in the recipient's home before, during or after this home safety check's administration. Neither the findings of, nor any of the suggestions from, this home safety check are intended to be construed as, and should not be construed as, being health care or safety related advice or instruction. Recipients of this home safety check should always consult with their medical or other health care professionals for any medical diagnosis and treatment, as well as a qualified home inspector or home repair contractor for any recommended and necessary home repairs and safety updates.